

September 2026 Activities

Sparks Senior Center

97 Richards Way, Sparks, NV 89431 (775) 353-3110

Ongoing Activities

*Activities are non-instructional

Bingo

- Mondays & Wednesdays: 9am-11am

Pinochle

- Mondays & Fridays: 9am-2pm

3/13 + Poker Cards

- Tuesdays & Thursdays: 12pm-3pm

Minnesota Cards

- Tuesdays & Thursdays: 12pm-4pm

Bridge

- Tuesdays & Thursdays: 9:30am-3pm
- Fridays 9:15am-1:15pm

Beading

- Wednesdays: 8:30am-11am

Mahjong

- Wednesdays: 12:30pm-3:30pm

Yoga

- Wednesdays: 3:45pm-5pm

All-Around Painting

- Fridays: 12pm-4pm

Individual Activities, Groups, Outreach, and Meetings

Tuesday, September 1st

News Literacy Presentation

- 10am-11am

Wednesday, September 2nd

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Thursday, September 3rd

ANH/NVCC Site Visit

- 10am-12pm

Monday, September 7th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Wednesday, September 9th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Friday, September 11th

Ice Cream Friday!

NV Hopes Blood Pressure Clinic

- 11am-12:30pm

Monday, September 14th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Tuesday, September 15th

NV Hopes Blood Pressure Clinic

- 11am-12:30pm

Wednesday, September 16th

Friends on the Go

- 11am-12pm

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Friday, September 18th

Piano Recital by the students of Ivory & Rainbow

- 2pm-4pm

Monday, September 21st

Fall Prevention Awareness – Balance Screening

- 9am-1pm

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Tuesday, September 22nd

Fall Prevention Awareness – Balance Screening

- 9am-1pm

Wednesday, September 23rd

Fall Prevention Awareness – Balance Screening

- 9am-1pm

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Thursday, September 24th

Fall Prevention Awareness – Balance Screening

- 9am-1pm

Senior Meeting

- 10am-11am

Friday, September 25th

Fall Prevention Awareness – Balance Screening

- 9am-1pm

Monday, September 28th

Fall Prevention Awareness – Balance Screening

- 9am-1pm

Enhanced Boost Fitness Group

- 1:15pm-2:15pm

Wednesday, September 29th

Enhanced Boost Fitness Group

- 1:15pm-2:15pm